

In The United States Patent and Trademark Office

First/Sole Applicant: William R. Dubrul
Joint/Second Applicant: Richard E. Fulton

Title: **PUSH UP/PULL UP EXERCISE APPARATUS AND METHODS FOR USE**

Small Entity Declaration-Independent Inventor(s)

As a below named-inventor, I hereby declare that I qualify as an independent inventor as defined in 37 CFR 1.9C for purposes of paying reduced fees under Section 41(a) and (b) of Title 35 United States Code, to the Patent and Trademark Office with regard to my above indentified invention described in the specification filed herewith. I have not assigned, granted, conveyed, or licensed – and am under no obligation under any contract or law to assign, grant convey, or license- any rights in the invention to either (a) any person who could not be classified as an independent inventor under 37 CFR 1.9 (c) if that person had made the invention, or (b) any concern which would not qualify as either (I) a small business concern under 37 CFR 1.9(d) or (ii) a nonprofit organization under 37 CFR 1.9 (e).

Each person, concern, or organization to which I have assigned, granted, conveyed, or licensed-or am under no obligation under contract or law to assign, grant, convey, or license-any rights is listed below:

There is no such person, concern, or organization.

Any applicable person, concern, or organization is listed below.*

Full Name: _____

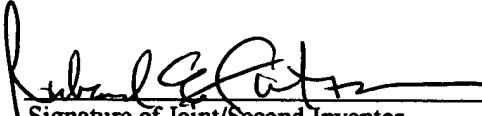
Address: _____

I acknowledge a duty to file, in the above application for patent, notification of any change in status resulting in loss of entitlement to small entity status prior to paying, or, or at the time of paying, the earliest of the issue fee or any maintenance fee due after the date on which status as a small entity is no longer appropriate (37 CFR 1.28(b)).

I hereby declare that all statements made herein of my own knowledge are true and that all statements made of the information and belief are believed to be true; and furtherthat these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment or both, under Section 1001 of Title 18 of the United States Code, and that such wilful false statements may jeopardize the validity of the application, any patent issuing thereon, or any patent to which this verified statement is directed.



Signature of Sole/First Inventor



Signature of Joint/Second Inventor

William R. Dubrul

Richard E. Fulton

11 - 4 - 03

Date of Signature

Oct 30, 2003

Date of Signature

*Note: A separate Small Entity Statement is required from any listed entity.

DECLARATION

As a below named inventor, I declare that:

My residence, post office address and citizenship are as stated below next to my name; I believe that I am the original, first and sole inventor (if only one name is listed below) or an original, first or joint inventor (if plural inventors are named below) of the subject matter which is claimed and for which a patent is sought on the invention entitled: **PUSH UP/PULL UP EXERCISE APPARATUS AND METHODS FOR USE** the specification of which XX is attached hereto or _____ was filed on _____ as Application No. _____ and was amended on _____ (if applicable).

I have reviewed and understand the contents of the above identified specification, including the claims, as amended by any amendment referred to above. I acknowledge the duty to disclose information which is material to the examination of this application in accordance with Title 37, Code of Federal Regulations, Section 1.56. I claim foreign priority benefits under Title 35, United States Code, Section 119 of any foreign application(s) for patent or inventors certificate listed below and have also identified below any foreign application for patent or inventor's certificate having a filing date before that of the application on which priority is claimed.

Prior Foreign Application(s)

Country	Application No.	Date of Filing	Priority Claimed Under 35 USC 119
na			Yes <u> </u> No <u> </u>
			Yes <u> </u> No <u> </u>

I hereby claim the benefit under title 35, United States Code §119(e) of any United States provisional application(s) listed below:

Serial No. 60/424890	Filed November 8, 2002
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I claim benefit under Title 35, United States Code, Section 120 of any United States application(s) listed below and, insofar as the subject matter of each of the claims of this application is not disclosed in the prior United States application in the manner provided by the first paragraph of Title 35, United States Code, section 112, I acknowledge the duty to disclose material information as defined in Title 37, Code of Federal Regulations, section 1.56 which occurred between the filing date of the prior application and the national or PCT international filing date of this application:

Application No.	Date of Filing.	Status
na		<u> </u> Patented <u> </u> Pending <u> </u> Abandoned
		<u> </u> Patented <u> </u> Pending <u> </u> Abandoned

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Full Name Of Inventor 3	Last Name	First Name	Middle Name or Initial	
Residence & Citizenship	City	State/Foreign Country	Country of Citizenship	
Post Office Address	Post Office Address	City	State/Country	Zip Code

I further declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under section 1001 of Title 18 of the United States Code, and that such willful false statements may jeopardize the validity of the application or any patent issuing thereon.

Signature of Inventor 1	Signature of Inventor 2	Signature of Inventor 3
		
Date 11-04-03	Date Oct 31 2003	Date